

## **Foundations for Families**

### **Family Workshop for children who are deaf or hard of hearing**

Dear Parents and Caregivers,

BC Family Hearing Resource Centre (BCFHRC) is excited to invite you to Foundations for Families, a workshop to support the needs of our families across British Columbia.

The Foundations for Families workshop, created by BCFHRC, is a two-day workshop designed to strengthen families' knowledge on building self-esteem and confidence, as well as providing optimal access for their deaf/hard-of-hearing child. Research shows that children who are deaf or hard of hearing are at risk for social and emotional difficulties. The Foundations for Families workshop aims to equip families with the knowledge to make well-informed decisions and the strategies to support their child's development now and in the future.

Foundations for Families also provides an opportunity for parents to ask questions and engage in discussion with staff and other parents who are also experiencing this journey. Connecting with families is a valuable way to build confidence in yourself and self-esteem in your children, while gaining knowledge from others with shared experiences. These friendships and connections can provide continued support as your children graduate from BCFHRC's services and enter the school system.

Foundations for Families workshop will be covering a wide range of topics relating to your child's hearing/deafness, including but not limited to:

- Different ways to communicate
- Strategies to support visual and auditory access
- Creating optimal learning environments
- Describing your child's audiograms
- Equipment options and strategies to keep them on
- Language development (visual and spoken)
- Tips for successful audiology appointments
- Learning about Deaf culture and Deaf Gain
- Connecting with your community
- Building confidence and self-esteem from a young age



Foundations for Families is a fun and interactive hands-on two-day workshop. This workshop is complimentary to the services you are receiving from your Early Interventionist. We aim to not only strengthen your current understanding of these topics, but to expand your knowledge and skills in these areas.

#### Vancouver Satellite Centre

#262- 3665 Kingsway, Vancouver, BC, V5R 5W2

PH: 604-428-7949 FAX: 604-428-7950

EMAIL: [info@bcfamilyhearing.com](mailto:info@bcfamilyhearing.com)

#### Main Surrey Centre

15220 - 92nd Ave., Surrey, BC, V3R 2T8

PH: 604-584-2827 FAX: 604-584-2800

Toll Free: 1-877-584-2827

EMAIL: [info@bcfamilyhearing.com](mailto:info@bcfamilyhearing.com)

#### Victoria Satellite Centre

#320-702 Fort Street, Victoria, BC, V8W 1H2

PH: 778-265-8909 FAX: 778-265-8908

EMAIL: [vicinfo@bcfamilyhearing.com](mailto:vicinfo@bcfamilyhearing.com)

### **Workshop Details:**

**Dates:** Day 1- Friday October 28<sup>th</sup>, 2022  
Day 2- Saturday October 29<sup>th</sup>, 2022

**Time:** 9am-3:30pm, with a lunch break

**Location:** BC Family Hearing Resource Centre, 15220- 92<sup>nd</sup> Avenue, Surrey BC V3R 2T8. It will also be available online for our families in Outreach areas to join remotely.

**Registration link:** <https://goo.gl/M8S65D>.

**Registration closes:** October 14<sup>th</sup>, 2022

Pre-registration is required (this is not a drop-in workshop). This workshop will not be recorded and has been designed for active participation from attendees, both in-person and online. Families participating online will be invited to join with their videos on for activities throughout the workshop. Please plan to attend both full days, as information from Day 2 builds on topics from Day 1.

This workshop is designed for parents and caregivers. Limited childcare may be available through our Specialized Daycare\* on the Friday, for a fee of \$65 for the day. Pre-mobile babies are welcome to stay with parents during the workshop. If you require childcare, note that on the registration and you will be contacted shortly after for more information.

*\*Please note, our daycare licensing is for children aged 30 months to 5 years.*

Participation in this workshop is free of charge for families with a child receiving services from BCFHRC. The cost of the workshop for families with a child not receiving services from BCFHRC will be \$150.

Refreshments and snacks will be available. Please bring your own lunch.

If you have any questions or want more information, please contact [info@bcfamilyhearing.com](mailto:info@bcfamilyhearing.com), or speak with your early interventionist. An email will be sent out with further details the week of the workshop. We look forward to you joining!

**-The Foundations Team**

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