

## **Foundations for Families**

### **Family Workshop for children who are deaf or hard of hearing**

Dear Parents and Caregivers,

BC Family Hearing Resource Centre (BCFHRC) is excited to invite you to Foundations for Families, a workshop to support the needs of our families across British Columbia.

The Foundations for Families workshop, created by BCFHRC, is a two-part workshop designed to strengthen families' knowledge on building self-esteem and confidence, as well as providing optimal access for their deaf/hard-of-hearing child. Research shows that children who are deaf or hard of hearing are at risk for social and emotional difficulties. The Foundations for Families workshop aims to equip families with the knowledge to make well-informed decisions and the strategies to support their child's development now and in the future.

Foundations for Families also provides an opportunity for parents to ask questions and engage in discussion with staff and other parents who are also experiencing this journey. Connecting with families is a valuable way to build confidence in yourself and self-esteem in your children, while gaining knowledge from others with shared experiences. These friendships and connections can provide continued support as your children graduate from BCFHRC's services and enter the school system.

Foundations for Families workshop is a two-part series:

- **Part 1: Access to Communication**
  - Strategies to support visual and auditory access
  - Creating optimal learning environments
  - Simulations of different hearing levels
  - Equipment options and strategies to keep them on
  - Staying connected with your community
- **Part 2: Building Self-Esteem and Confidence**
  - How access is the key
  - Navigating your child's identity
  - Learning about Deaf culture and Deaf Gain
  - Sharing hands-on resources
  - Deaf and Hard of Hearing Panel



Foundations for Families is a fun and interactive hands-on two-part workshop. This workshop is complimentary to the services you are receiving from your Early Interventionist. We aim to not only strengthen your current understanding of these topics, but to expand your knowledge and skills in these areas.

#### Vancouver Satellite Centre

#262- 3665 Kingsway, Vancouver, BC, V5R 5W2

PH: 604-428-7949 FAX: 604-428-7950

EMAIL: [info@bcfamilyhearing.com](mailto:info@bcfamilyhearing.com)

#### Main Surrey Centre

15220 - 92nd Ave., Surrey, BC, V3R 2T8

PH: 604-584-2827 FAX: 604-584-2800

Toll Free: 1-877-584-2827

EMAIL: [info@bcfamilyhearing.com](mailto:info@bcfamilyhearing.com)

#### Victoria Satellite Centre

#320-702 Fort Street, Victoria, BC, V8W 1H2

PH: 778-265-8909 FAX: 778-265-8908

EMAIL: [vicinfo@bcfamilyhearing.com](mailto:vicinfo@bcfamilyhearing.com)

## Workshop location and dates:

| Location  | Workshop Dates  | Registration Deadlines*  |
|---|---|--|
| Online - Zoom<br><i>Link will be provided leading up to the workshop</i>  | <u>Part 1</u> : Saturday October 30 <sup>th</sup> , 2021<br><u>Part 2</u> : Saturday November 6 <sup>th</sup> , 2021<br>(9am-12, including short break) | October 15 <sup>th</sup> , 2021<br>20 spots available  |
| Surrey office – in person<br><i>BC Family Hearing Resource Centre, (15220 - 92nd Ave., Surrey, BC, V3R 2T8)</i> | <u>Part 1</u> : Saturday May 7 <sup>th</sup> , 2022<br><u>Part 2</u> : Saturday May 14 <sup>th</sup> , 2022<br>(9am-1pm, including lunch break)         | April 23 <sup>rd</sup> , 2022<br>Limited spots available (may vary depending on COVID regulations at the time) |

*\*All workshops require a minimum of three families registered*

Pre-registration is required (this is not a drop-in workshop). This workshop will not be recorded and has been designed for active participation from attendees. For the online workshop (Oct 30<sup>th</sup> & Nov 6<sup>th</sup>, 2021), participants will be invited to join with their videos on for activities throughout the workshop. Please note that this workshop is designed for parents and caregivers. Pre-mobile babies are welcome to stay with parents for in-person workshop (May 7<sup>th</sup> & May 14<sup>th</sup>, 2022).

Register online at: <https://goo.gl/M8S65D>.

Participation in this workshop is free of charge for families with a child receiving services from BCFHRC. The cost of the workshop for families with a child not receiving services from BCFHRC will be \$150.

If you have any questions or want more information, please contact [info@bcfamilyhearing.com](mailto:info@bcfamilyhearing.com), or speak with your early interventionist. An email will be sent out with further details the week of the workshop. We look forward to working with you!

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